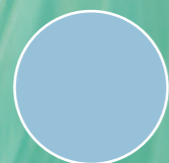


HORARI COS-MENT

AGOST 2024

DILLUNS		DIMARTS		DIMECRES		DIJOUS		DIVENDRES	
HORA	ACTIVITAT	HORA	ACTIVITAT	HORA	ACTIVITAT	HORA	ACTIVITAT	HORA	ACTIVITAT
10:15	BODY BALANCE VIRTUAL SALA 1	9:30	PILATES SALA 1	10:15	PILATES SALA 1	8:00	PILATES SALA 1	9:30	SMART MOBILITY SALA SMART
17:30	BODY BALANCE VIRTUAL SALA 1	15:15	PILATES VIRTUAL SALA 1	17:30	PILATES SALA 1	18:00	BODY BALANCE VIRTUAL SALA 1	10:35	BODY BALANCE VIRTUAL SALA 1
18:30	PILATES SALA 1			19:30	SMART MOBILITY SALA SMART	18:25	SMART MOBILITY SALA SMART		
20:30	PILATES VIRTUAL SALA 1							DISSABTE	
								HORA	ACTIVITAT
								9:15	PILATES VIRTUAL SALA 1



ACTIVITATS DIRIGDES



SESSIONS VIRTUALS



ACTIVITATS SALA SMART